



Camp Pack List

Going on camp is exciting! But don't forget to bring some important things you will need while you are here!

Garapine is located in a natural bush environment. Items worn on camp are likely to get dirty, so do not bring your best clothes or shoes.

- Please ensure that all items are clearly marked with student's name.
- Un-necessary jewellery and expensive personal items should be left at home.
- Due to the outdoor nature of camp, sun protection is highly important. Singlets and sleeveless tops are not suitable.
- A duffle bag is preferable rather than a suitcase

The most important items to remember are: a 2L water bottle, hat, sunscreen and 2 pairs of closed in shoes.

<input checked="" type="checkbox"/>	Clothing – At least one set per day	<input checked="" type="checkbox"/>	Bedding
	Shorts / Pants - at least mid-thigh length		Pillow
	Shirts – must cover waist and shoulders		Pillowcase
	Long sleeve collared shirt		Sleeping bag
	Neat casual clothes for night time		Single bed bottom sheet - essential
	Jumpers		Single bed top sheet
	Warm pants / Track pants		Bath towel
	Socks		Beach towel
	Underwear	<input checked="" type="checkbox"/>	Personal items
	Hat		2L plastic water bottle – must be 2 litres (e.g. plastic cordial bottle) NO GLASS
	Pyjamas		Torch
	Swimming togs, rashie, board shorts		Garbage bag for dirty laundry
	Raincoat		Plastic shopping bags for wet shoes/clothes
<input checked="" type="checkbox"/>	Footwear		Pen, paper, camera
	Closed-in shoes with decent grip i.e. joggers <i>“Converse” style shoes with no grip are not suitable</i>		Medication
	Extra pair of old closed-in shoes for wet activities <i>Crocs are not suitable</i>		Small-Medium backpack for daytime use
<input checked="" type="checkbox"/>	Toiletries	** DO NOT BRING **	
	Hair ties for long hair	Mobile Phones, Radios, iPods, Computer Games, Cutlery, Food (sweets, lollies, chewing gum), Money, Sports Equipment, Aerosol Sprays/ Cans.	
	Toothbrush		
	Tooth paste		
	Soap		
	Shampoo/Conditioner		
	Deodorant (no aerosols)		
	Brush/comb		
	Sunscreen		
	Insect repellent		



Information for Parents

Outdoor Education allows students to explore and discover aspects of their own personal development through adventure based activities in a natural environment. Students will be exposed to a variety of suitable experiential adventure based activities which will encourage independence and interdependence.

Within the field of Outdoor Education a number of activities are deemed as high risk. Garapine has risk management procedures, in accordance with the Department's guidelines to minimise potential risks. Trained and qualified staff supervise outdoor education activities and hold the necessary qualifications for instructing and supervising such activities.

Strict safety procedures for the various activities have been developed and are explained to the students before each activity is undertaken. Supervising staff from the school will be fully briefed on their roles and responsibilities.

Night time

During the night the school's nominated teachers/supervisors are present. The teachers/supervisors will assist the students and respond to any emergency that arises. A camp manager is on 24 hour call in case of emergencies.

Special arrangements

Some students may experience homesickness. This is typically complicated by having contact with home. Developing student independence is an important part of going on camp. If a student needs medical assistance for any illness or injury, parents will be contacted.

Parents should write a letter to the School if any additional arrangements concerning your child are deemed necessary. This would apply to travel, health, food, any custody issues, early departures, absences from camp, physical activities, swimming and any other matters. Visitors to camp require written authorisation from the School Principal.

Food and Valuables

Please do not allow students to bring any food on camp, there will be plenty of food available for them to eat. Any food in the cabin area can attract unwanted insects and vermin, which may lead to health and hygiene problems. We strongly discourage students bringing any valuable items such as jewellery or money to camp as they may be easily lost, damaged or stolen. Garapine takes no responsibility for loss or damage to such items.

Information for Students

Camp is fun, but to ensure everyone stays safe, it is important that you take responsibility for the following:

- The safety and security of your **personal belongings**. Garapine does not except any liability for loss or damage to personal equipment.
- You must **stay with the activity group** at all times. Do not leave for any reason without asking permission from the instructor or teacher.
- For your safety, you must **follow the directions of the instructor** or teacher. This includes wearing safety equipment as directed.
- Bring enough **appropriate clothing and footwear** for the activities and number of days you are at camp.
- **Carry enough water** and drink it regularly to prevent dehydration.
- **Be responsible for your medical condition**. Teachers will assist you when required.