KULUIIN TUCKSHOP MENU
Tuckshop Convenor: Kayla Tratt -07 5477 3748

UNIFORM SHOP TUESDAY – 8:00AM – 11:00AM
WEDNESDAY, THURSDAY AND FRIDAY - 8.30 A.M. TIL 2.00 P.M
(FROZEN TREATS AVAILABLE AFTER 2ND BELL)

(FIRST BREAK: 11AM-11:40AM * SECOND BREAK: 1:40PM – 2:05PM)

The Kuluin School P&C

SNACKS (GF)
- Corn Cobb – 2 mini with margarine $1.50
- Crunchy Corn Tortilla Strips & Salsa $2.50
- Popcorn – air popped $0.50
- Healthy Snack Pack – $2.50
  (Rice crackers, dip, light cheese & carrot sticks)
- Two fruits and reduced fat custard $1.50
- Piece of fresh fruit (seasonal selection) $1.00

HOME BAKED
- Choc Coconut Brownie $0.50
- Pikelets – 2 with sugar free jam $0.50
- Ginger Bread Student $1.50
- Assorted Fruit Muffin $1.50
  (GF) Assorted Fruit Muffin $2.00
  (GF) Crust-less Assorted Quiche $2.50

DRINKS
- Water 600ml $1.50
- Reduced fat Chocolate or Strawberry milk $2.00
- Apple or Orange Popper Juice – 100% $1.50

FROZEN TREATS
(Available after 2nd Bell, 2nd Break YR1- YR6 ONLY)
- Frozen Yoghurt Tub $2.00
- (Strawberry or Mango)
- Queclh Fruit Stick $0.50
- Slushies – Orange or Strawberry $2.00
  (GF) Light Vanilla Ice-cream tub $1.00

THURSDAY – 1ST BREAK SUSHI
(Must be pre-ordered by 11am Wednesday) $3.50
- Sweet Chilli Chicken with/ Cream Cheese, (GF) Tuna & Avo
- Teriyaki Chicken & Cucumber, Crispy Chicken & Avo,
  (GF) Smoked Salmon with/ Cream Cheese & Cucumber,
  (GF) Vegetarian – Carrot, cucumber & Avo

SANDWICHES AND WRAPS
Choose from Wholemeal, High Fibre White or Wrap
(GF Bread Available Add 50cents)
- Vegemite or Cheese $1.50
- Ham or Chicken $2.50
- Egg and Lettuce (Curried available) $2.50
- Salad – Mayo, lettuce, tomato, carrot, beetroot, cheese. $3.00
  Add Ham or Chicken $1.00
  Add Cheese $0.50
- Salad Tub w/ egg, cheese and Mayo $3.00
- Salad Tub w/ Ham or Chicken $4.00

TOASTED SANDWICHES
- Cheese $2.00
- Cheese and Vegemite $2.50
- Ham or Chicken and Cheese $3.50
- Chicken, Cheese, Tomato or Pineapple $4.00
- Ham, Cheese, Tomato or Pineapple $4.00

HOT FOOD
- Wholemeal Pita Bread Pizza $3.00
  (Ham and Cheese or Ham, Cheese and Pineapple)
  (GF) Pizza – toppings as above $3.00
- Skinny Sausage Roll w/ Sauce $3.00
- Skinny School Pie w/ Sauce $2.00
- Skinny Pie w/ Sauce $3.50
- Crumbled Chicken Wrap or Burger $5.00
  (Mayo, Lettuce, Tomato, Cheese)
- Wholemeal Pasta Bolognaise $3.50
- Beef or Chicken Slider $2.50
  (Lettuce, Tomato, Cheese)
- Skinless Hot Dog w/Sauce $3.00
- Chicken Nacho $3.50
  (Tortilla strips, chicken, cheese (RF), tomato salsa, sour cream)
  Extra Tomato or BBQ sauce $0.25
  ** Sauce May contain gluten**

Tuckshop Bags $0.10
CLEARLY WRITE YOUR CHILD’S NAME, CLASS, 1ST OR 2ND BREAK
AND ORDER ON A PAPER BAG. ORDER AT TUCKSHOP OR PUT
IN THE SLOT AT THE TUCKSHOP BY 9AM.
ALTERNATIVELY ORDER ONLINE: www.flexischools.com.au

Term Specials
See Facebook, Flexischools and Blackboard
Outside of tuckshop for our Term Specials