

School Wide Positive Behaviour Learning and Social Emotional Learning Kuluin SS



	Kuluin State School
What?	<p>School Wide Positive Behaviour Lessons Taught each week by class teachers</p> <p>Social Emotional Learning Lessons Taught each fortnight by class teachers</p>
Why?	<ul style="list-style-type: none">• “Learning and wellbeing is inextricably linked – students learn best when their wellbeing is optimised, and they develop a strong sense of wellbeing when they experience success in learning.”• To continue the strong trends in Kuluin data. School Opinion Survey and data collected by the Wellbeing Professional Learning Team• Continuing implementation of <u>Dept’s Student Learning and Wellbeing Framework</u>



Kuluin State School Wellbeing

- Whole School Approach to Mental Health & Wellbeing
Evidence Based strategies for staff and students

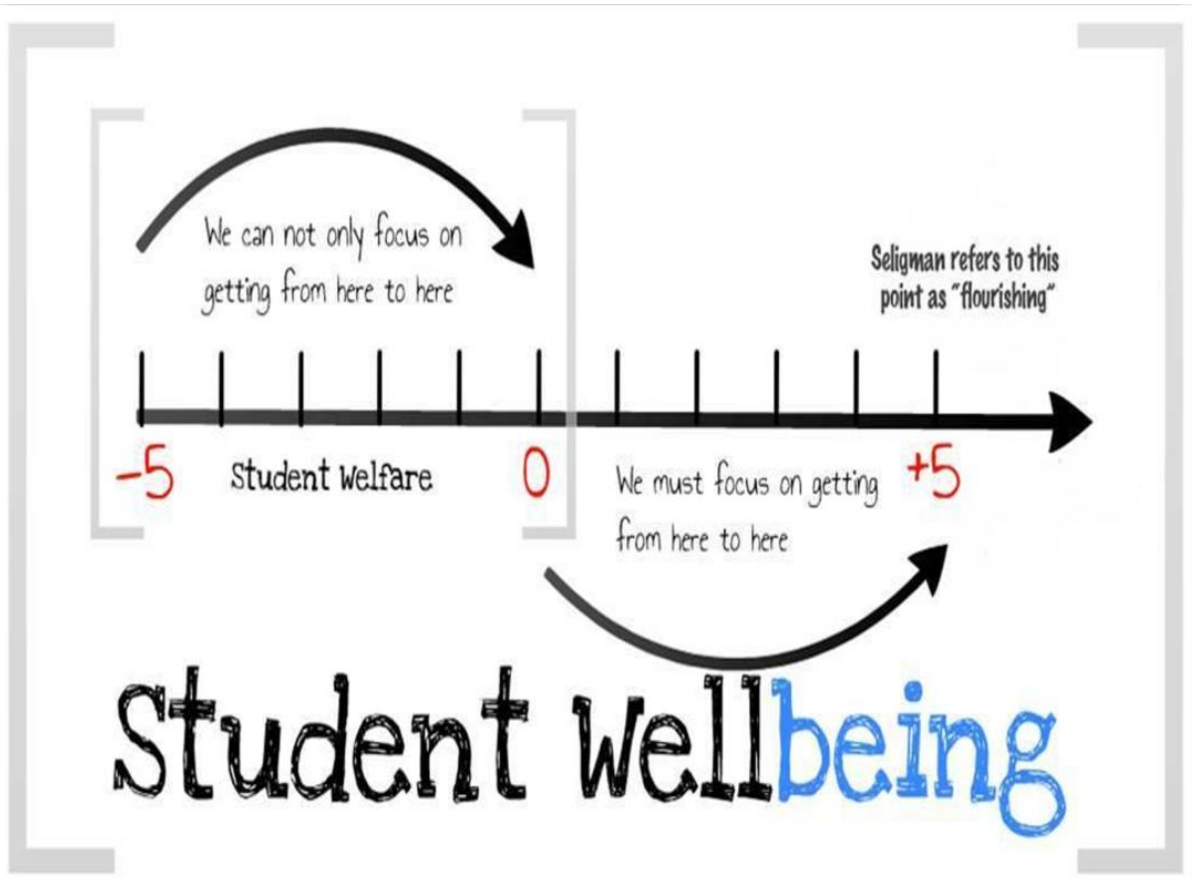


“Flourishing Self”
Makes for happier lives & workplaces.....



Ripple Effect





'Data shows that children who are systematically taught social and emotional skills like how to manage their distressing emotions better, empathize and collaborate generally do better:

- have fewer problems such as substance abuse and violence,
- like school more
- pay more attention in class and
- score significantly better on academic achievement test scores.'

(Goleman, 2008)

Sklad, 2012, identified up to 18% academic improvement where a weekly SEL lesson is conducted over a 6 month period



Social Emotional Skills

Self Awareness

Recognising emotions in self

- Physically – what is changing
- Naming emotions – emotional literacy

Social Awareness

Recognising emotions in others

- Non verbals
- Behaviours
- Naming emotions

Self Management

•Recognizing triggers,
•Having effective strategies to manage strong emotions and control impulses

Social Management

Maintaining cooperative relationships

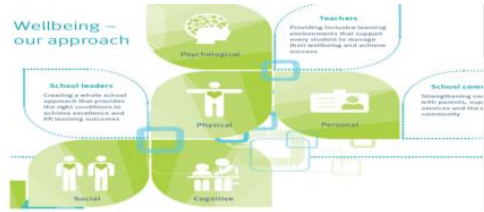
- Having empathy for others
- Communicating clearly and assertively



School based Social Emotional Learning (SEL) interventions continue to benefit students for months and even years to come

*In follow up assessments an average **3.5** years after the last intervention, the academic performance of students exposed to SEL programs was on average **13** percentile points higher than their non SEL peers (Taylor, et al 2017)*

Student Learning & Wellbeing Framework, Reflection Tool



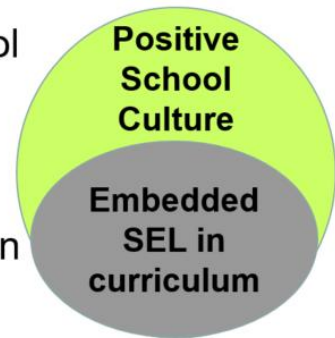
1 Creating safe, supportive and inclusive environments



2. Building the capability of staff, students and the school community



3. Developing strong systems for early intervention



<https://oneportal.deta.qld.gov.au/Students/mental-health-wellbeing/Pages/default.aspx>

<http://education.qld.gov.au/schools/healthy/index.html>

www.fppt.info

What is SEL?

<https://www.youtube.com/watch?v=ikehX9o1Jbl>

Term 1 Kuluin State School example
Fortnightly Social Emotional lessons are built into weekly Positive Behaviour Lessons

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|----|---|---|
| 2 | Go noodle (Flow) On & Off | https://www.youtube.com/watch?v=1ZP-TMr984s |
| 4 | Bullying no way website | https://bullyingnoway.gov.au/forkids |
| 6 | Bullying no way website | https://bullyingnoway.gov.au/forkids |
| 8 | Harmony day activity | https://www.harmony.gov.au/ |
| 10 | Mindfulness activity (smiling minds)
For 3-6 →What is mindfulness?
Activity- Anchor your mind | https://www.youtube.com/watch?v=Sceq4mtZhil
https://www.youtube.com/watch?v=uezOV_D8bSk
https://www.youtube.com/watch?v=buPuB4Sa0zU&index=1&list=PLSfZLuLSHqpQ-115x99vlgVZPw7Kv9LcT |

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